

## Thesis Project Annotated Bibliography

Lindsey Rhoads

Van Der Kolk M.D., Bessel. *The Body Keeps the Score: Brain, Mind and Body in the Healing of Trauma*. New York, New York: Penguin Books, 2014.

This book explores through accounts of patients Dr. Van Der Kolk treated the ways trauma affects the body as well as many treatments for these types of effects. *The Body Keeps the Score* delves into detail about many different traumatic instances people have come to Dr Van Der Kolk for and the ways their trauma can be overcome and dealt with. He also goes into detail about the brain and the way the brain is affected by trauma physically. This book was extremely helpful to my research as it gave me information about trauma and the ways trauma can manifest in the body. I found it fascinating.

Evans, Lloyd. *The Reluctant Apostate*. JLE Publishing, 2017.

Lloyd Evans was raised a Jehovah's Witness in Belgium by his parents who converted at a young age. He details his life and the history of the Jehovah's Witness in this half autobiography and half encyclopedia on the JW cult. He gives his account of the "drills for Armageddon" his parents would put together for him and his sister at a young age. During dinner his father would get a fake phone call and in a panicked voice tell the family "the great tribulation had begun" and to pack their things because all the Witnesses in their congregation were escaping to the forest to hide and evade capture and persecution. Evans recounts how he and his younger sister would be terrified they were going to die while rushing to pack and getting in the car because this was really the end of the world, only to find out while driving away from their home that it was all a test. This story stuck out to me because it sincerely accounts how the JW cult uses fear of death and losing loved ones as a way to keep control of its members. It is so serious it even convinces parents to terrify their small children on a regular basis just so that they will be ready for the imagined Armageddon. The rest of the book gives the most detailed and thorough history and explanation of the JW organization and from its conception in the 1870s to its current state, it tells of the criminal happenings and the racist history behind the beliefs and much more. This is a fantastic resource.

Schnell, W.J. *Thirty Years a Watchtower Slave: The Confessions of a Converted Jehovah's Witness*. Grand Rapids, Michigan: Baker Book House, 1956.

William J. Schnell was coaxed into the Jehovah's Witness faith in the 1920s believing it to be a way for him to form and strengthen his relationship with God. He rose up in the ranks becoming an elder and eventually a part of the governing body; a group of men who lead the organization and make decisions on the progress and beliefs of the Witnesses. As time went on he came to realize that the JW were not what they seemed, and the friendly, welcoming atmosphere they advertise is a shroud to protect insidious individuals, teachings, and practices within the organizations. Schnell details his life in the faith and his fall from grace as well as countless stories and warnings about the hidden side of the religion and the governing body. He tells of sexual and domestic abuse and child molestation cases they were tasked with covering up, being told to protect the offenders in lieu of the victims. He ends his story with a final chapter titled "When The

Come to Your Door " that gives instructions for how to deal with the Witnesses that come to your door preaching a protection environment that will save you from the soon to come armageddon. He says do not argue religion with them, you won't sway their belief and do not engage in conversation about current events, or buy their literature or anything that is not free. This chapter was immediately preceded by another called "A Warning" where he says "Let my life of slavery be your warning! It took me thirty years to get free!". This book was a truly unique perspective and look inside the governing body and how the religion has progressed into what it was when I was a part of it as well as give more of an understanding for why it has changed so much since my departure.

Scorah, Amber. *Leaving the Witness*. Penguin Random House LLC, 2019.

*Leaving the Witness* is an autobiographical account of Amber's Scorah's life as she pioneered in Shanghai, China, a place where being a Jehovah's Witness is illegal. She starts her story explaining her family life and that it was her grandmother who started her journey into 'the truth', as well as her first love - another Witness boy a bit older than her - which led to the both of them being disfellowshipped for a time and living a worldly life outside of the congregation. When she re-gained admittance she married and devoted herself fully to the Bible and began pioneering with her husband. They lived and preached in Taiwan for a time before finally gaining a visa to live in Shanghai. They had to smuggle in literature and live under very strict rules stated by the governing body to keep them out of prison while still gaining bible studies. Eventually through correspondence with another man online Scorah began to doubt her faith and the ethics of the organization as a whole, and after some time made the decision to leave altogether. *Leaving the Witness* chronicles Scorah's journey to find out who she is without the Jehovah's Witnesses behind her. She left China for New York, a place she had always wanted to live, and began a new life, she lived with nothing and made a name for herself as an author with the release of this book. Eventually meeting her husband and having a son. She tells a heartbreaking end to the book with her newborn son mysteriously dying his first day of daycare and her first day away from him. Amber Scorah ends of a powerful and hopeful note that she still has hope for this beautiful work to live on even without her son or her faith in Jehovah.

Zieman, Bonnie. *Exiting the JW Cult: A Healing Handbook for Current and Former Jehovah's Witnesses*. North Charleston, South Carolina: CreateSpace Independent Publishing Platform, 2015.

Zieman's account of her thirty years as a Jehovah's Witness is different than others because she not only tells her story, but as a trauma psychologist, gives readers tools to help them heal from the traumas and fears left behind by not only the JW cult but any cult; she deals specifically with this subject matter. This book gives information about how cults commit "thought reform" or brainwashing and the means they use to change one persons perspective to their own. Zieman states how understanding how you have been misled first results in a negative feeling about oneself but ultimately helps one see how incorrect that thinking was; leading them to begin the healing process towards a better life away from the cult. Zieman goes into many details over the course of the

twenty-eight chapters that, while hard to read and take in because of their subject matter and relation to my life, are invaluable in my research and my own healing.

Franz, Raymond. *Crisis of Conscience*. United States: Commentary Press, 1983.

As a long time member of the governing body, Raymond Franz wrote *Crisis of Conscience* in 1983, three years after he was disfellowshipped or shunned from the Jehovah's Witness organization. He spent forty-three years as a full time pioneer in the United States, Puerto Rico and the Dominican Republic, and in 1971 he was made a member of the Governing Body but just nine years later left after a high-level inquiry into several members of watchtower staff including Franz and eventually was disfellowshipped himself for breaking the rule of shunning all those who are disfellowshipped from the religion, as he saw it as a wrong and harsh action towards those once called brother or sister. Franz's disfellowship was reported on in the New York Times. This book is a tell all exposé of the inner sanctum of the JW Watchtower and Tract Society and the workings of the Governing Body, illustrating the fundamental problems and serious issues within the organization. He said he hoped that the book might prompt Witnesses to "consider the contentions stand of defectors with a more open mind". This book was described by witnesses in Amber Scoria's *Leaving the Witness* as the "apostate books of apostate books". This is probably the highest level of defectors ever to leave the organization, and for him to expose the Watchtower and the JW as he did, I can't imagine a better resource.

"Jehovah's Witness Discussion Forum: JW.Org Community Information." Jehovah's Witness Discussion Forum | JW.Org Community Information. Accessed October 17, 2019. <https://www.jehovahs-witness.com/>.

This website is a forum for current and former Jehovah's Witnesses to connect and ask questions, find resources and converse with like-minded individuals about the Jehovah's Witness faith. A sort of social networking for JW, I've used it as a place to gain a multitude of perspectives from others like me who were raised as a part of the JW cult and left as well as those who stayed.

Randolph, Vance. *Ozark Magic and Folklore*. New York: Dover Publications, Inc., 1947.

This book is an anthropological study on the magic community in the Ozark region of the United States. It goes into detail about the ideology and practices of the people in this community and the secretive nature of their traditions. Habitually a closed off community the Ozark magic people have rejected scientific and social advancements as well as outsiders coming in to investigate what makes them so different from the general populous. Vance Randolph has been living in the Ozarks since 1920 and was seen as enough of a part of the community to be able to gather first hand information about the magic, folklore and superstitions still very prevalent today. In this book you'll learn about the yarb doctor who mixes curious medicinal remedies and tinctures, power doctors who use charms and spells, granny-women who are the midwives for the community; "doodlebuggers" and "witch wigglers" who find water with the help of divining rods as well as "goomer doctors", "conjure-folk" and fortune tellers, all a part of this magical Ozark community since their settling there as yeoman farmers from the Carolinas and Tennessee. This book opened my perspective to other communities much older than the

one I was and am a part of to inform my position on religion and the culture surrounding it.

Frazer, Sir James George F.R.S F.B.A. *The Golden Bough: A Study in Magic and Religion*. New York: The Macmillan Company, 1951.

*The Golden Bough* is a study on the old religions really being fertility cults that revolved around worship and sacrifices of a sacred king. Frazer proposed through his book that humans progressed from magic to religion to science but it's basis is a magic we all hold. The book dives into all types of magic and old pagan religious histories and explanations of the smallest details. The most interesting part to me was the section about Taboos. The Taboos that range through a multitude of old pagan religions from sex to blood to clothing or lack there of. This book is an interesting look into what began the world and what almost all religions were derived from or in spite of, it is a valuable look back to the beginning and the progress thereafter.

Frantz, Susanne K. *Particle Theories: International Paté de Verre and other Cast Glass Granulations*. Millville, New Jersey: Museum of American Glass, 2005.

A collection of images of art pieces and information on the glass technique known as Paté de Verre. This collection was compiled by the Museum of American Glass in New Jersey and I used it for inspiration and research towards some proposed pieces for my future thesis.

Marchini, G. *Italian Stained Glass Windows*. New York: Harry N. Abrams Inc., 1956.

A beautiful book filled with famous stained glass windows from around the world including transparent color plates of some of the famous pieces. Another inspiration book for my future thesis.

Randolph Wilkerson, Margaret. "Making God: Incarnation and Somatic Piety in the Art of Kiki Smith." PhD Diss. University of Maryland, 2006.

This doctoral dissertation examines the art work by Kiki Smith and the way it incorporates traditional Catholic ritual and culture in order to encourage spiritual and animalistic responses to it. It addresses the spirituality of Smith's work as well as her connection to Catholicism and the way she used the female form in a time when it was political to do so. This dissertation is helpful for my research because it gives insight to Smith's work and the way it relates to Catholicism and gives inspiration to my own religious art work to come.

Malt, Johanna. "Impossible Contact: The Thing in Lacan and Rachel Whiteread." *L'Esprit Créateur* 47, no. 3 (2007): 55-67. Accessed November 3, 2020.

<http://www.jstor.org/stable/26289322>.

This article explores the work of Rachel Whiteread and gives insight to her many sculptural choices throughout her repertoire. It goes into detail about her use of the ideas of loss and how her sculptures have the ability to hold a presence. This article really analyzes her work and the context behind it. It's helpful to me because it gives me a good understanding of Whiteread's work and the ideas that make it what it is.

